



## CvSU Bee Program bags 2021 Most Outstanding Extension Project Award

Cavite State University Bee Program bagged the Most Outstanding Extension Project Award during the 2021 Virtual Philippine Extension and Advisory Services Network, Inc. (PhilEASNet) Biennial AFFNR Extension Symposium. Themed, “Governance of Extension Systems for the New Future”, the symposium was held last October 14 and 15 with Dr William D. Dar, secretary of the Department of Agriculture, as the keynote speaker.



### THE CAVITE STATE UNIVERSITY BEE PROGRAM: Adopting Communities for Responsible Beekeeping

Michele T. Bono \* and Dickson N. Dimero  
College of Arts and Sciences  
Department of Biological Sciences



2021 Virtual PhilEASNet Biennial  
AFFNR Extension Symposium  
October 14 – 15, 2021

Prof. Bono presents the CvSU Bee Program's extension paper at the 2021 Virtual PhilEASNet Biennial AFFNR Symposium



Editha Perey  
Dickson Dimero  
Divie Buzog  
AQ002\_BaigneMarel  
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Gretchen Macar...

### Community Adoption and Strengthening of the CvSU Bee Program

Michele T. Bono and Dickson N. Dimero\*  
Cavite State University Bee Program  
College of Arts and Sciences  
Department of Biological Sciences

Prof. Bono presents the CvSU Bee Program's extension paper at the 2021 Virtual PhilEASNet Biennial AFFNR Symposium

During the symposium, Prof. Michele T. Bono, project leader, and Prof. Dickson N. Dimero, project staff of the CvSU Bee Program, who are both faculty of the College of Arts and Sciences – Department of Biological Sciences, presented their extension paper titled, “The CvSU Bee Program: Adopting Communities for Responsible Beekeeping” which included the accomplishments of the

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## CvSU-ATBI, six incubatees sign MOA

A virtual signing of the Memorandum of Agreement (MOA) was held between Cavite State University - Agri-Aqua Technology Business Incubation (CvSU-ATBI) and its six incubatees, namely: Mrs. Andrea Chloe A. Wong-Jung and Mr. Koo Chul Jung from Indang, Cavite; Mr. Florencio A. Flores from Sariaya, Quezon; Mr. Felix G. Angcao from Amadeo, Cavite; Ms. Kareen M. Monfort from Sampaloc, Manila; Ms. Verna Liza M. Razo and Ms. Vyorinna P. Pradanos from Bacoar City, Cavite, and Ms. Raquel E. De Luna from Sariaya, Quezon last September 20 via Zoom video conferencing.

As an incubator, the CvSU-ATBI will partner with technology experts and other institutions to develop promotional interventions to assist the incubatees on their journey to profitable agriculture-based technology enterprises. Meanwhile, the incubatees will receive specific services which best fit their needs such as training support services, technical/facility support, business support services, market support services, and financial support services.

(continue on page 5)



### VISION

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### MISSION

Cavite State University shall provide excellent, equitable, and relevant educational opportunities in the arts, sciences and technology through quality instruction and responsive research and development activities.  
It shall produce professional, skilled and morally upright individuals for global competitiveness.



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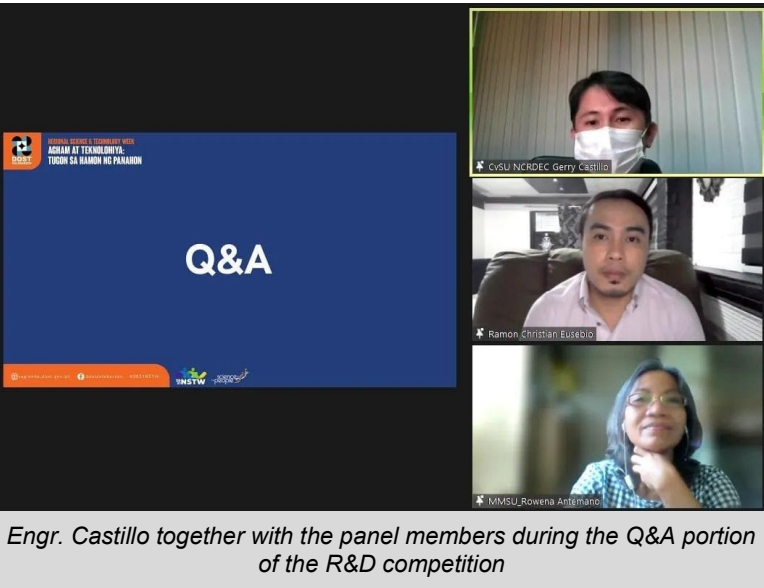
We Commit to the highest standards of education, Value our stakeholders, Strive for continual improvement of our products and services, and Uphold the University's tenets of Truth, Excellence and Service to produce globally competitive and morally upright individuals.

# NCRDEC qualifies in the 5<sup>th</sup> STCIEERD S&T Competition

The paper titled, “Design and Development of a Programmable Logic Controller (PLC)-Based High Capacity Plant Tissue-Culture Growth Chamber for the Mass Propagation of Coffee” of the Cavite State University - National Coffee Research, Development and Extension Center (CvSU-NCRDEC) of Engr. Gerry M. Castillo, Engr. Rosalie A. Pelle, Engr. Al Eugene L. Torres, Engr. Ric Karl T. Flores, and Ms. Antonette Jean L. Magcamit, was among the five entries that qualified during the 5th S&T Competition in Industry and Energy

Research and Development Region IV-A. With the theme, “*Agham at Teknolohiya: Tugon sa Hamon ng Panahon*”, the event was hosted by the Southern Tagalog Consortium for Industry and Energy Research and Development (STCIEERD) in collaboration with the Department of Science and Technology (DOST) CALABARZON and held virtually via Zoom meeting last September 24.

Engr. Castillo, NCRDEC director, presented the results of the development and evaluation of the locally-fabricated plant tissue culture growth chamber technology which aimed to aid the mass production of tissue-cultured coffee planting materials by optimizing and regulating certain environmental parameters such as temperature, photoperiod, and relative humidity which are vital for plant growth and development. The S&T competition was participated in by five (5) qualifiers. Two (2) representatives were from the Cavite State University (NCRDEC and CvSU-CCAT Campus), two (2) were from UP Los Baños, and one (1) came from the Batangas State University. The winners were announced through a virtual awarding ceremony on October 13 during the celebration of the 2021 Regional Science and Technology Week (RSTW) in CALABARZON. CvSU CCAT’s entry was adjudged 1st runner-up while two entries from UPLB were proclaimed first place and 2nd runner-up. (*John Mark H. Rogador*)



Engr. Castillo together with the panel members during the Q&A portion of the R&D competition

## GAD-RC conducts Planning and Budgeting Workshop

The Gender and Development Resource Center (GAD-RC) conducted a planning and budgeting workshop on October 6-7 via Zoom video conferencing.

Participated in by twenty-six (26) female and eight (8) male college/campus and unit GAD coordinators and alternates, the workshop aimed to enhance their knowledge and skills in preparing their respective GAD plan and budget for 2022. It also aimed to identify programs, projects, and activities that will address gender issues in the university and adopted communities to enhance their awareness on the value of the GAD program as a tool in developing a highly gender responsive university.

### CvSU Bee Program ... (from page 1)

program from 2015 to 2021. They shared their award with ATI’s Digital Farmers Program.

Prior to this, Prof. Dimero and Prof. Bono presented the extension paper titled, “Community Adoption and Strengthening of the CvSU Bee Program (CAS Bee)” for the on-going category during the 16<sup>th</sup> CvSU Extension In-House Review last September 22 and 23 and was awarded Best On-Going Extension Project together with DOST-PCAARRD-CvSU Agri-Aqua Technology Business Incubation (ATBI) Phase 2.

The CvSU Bee Program continues to promote responsible beekeeping, beekeeping as an additional source of income, and biodiversity conservation. (*Dickson N. Dimero*)

The first day of the workshop focused on explaining the mandates that determine the importance of planning and budgeting for GADRC. Ms. Raecel A. Estebat, who serves as speaker, gave a walk-through by discussing the definition and nature of GAD planning and budgeting, and gave emphasis on the three main classifications of the programs and activities, namely: the client-focused, organizational-focused, and attributed projects and programs.

Meanwhile, the second day started with a recap of the activities during the first day by Mr. Ariel Rivera, GAD coordinator of Naic Campus. After the recap, the participants presented their own plan and budget for the year 2022 in their respective college/campus and unit. Each was given time to present their output and Ms. Raecel A. Estebat, who served as speaker, assisted in enhancing their plans and budget.

To wrap up the success of the workshop, Ms. Lolita G. Herrera, director of the Finance Management Office, delivered the closing remarks by reminding the participants that GAD planning should be integrated in the regular activities of the agencies which shall be at least five percent of their total budget. She also discussed the essential elements that must be present in creating a plan and budget which served as a challenge for the participants – creation/strengthening of the GAD focal system, clear understanding and appreciation of GAD, conduct of gender audit, institutionalized GAD database/Sex aggregation data. (*Kaith C. Francisco*)



# CVSU-ES conducts 16<sup>th</sup> EIHR



The CvSU Extension Services (CvSU-ES) conducted its 16<sup>th</sup> Extension In-House Review (EIHR) with the theme, “*Role of Extension and Advisory Services in Building Resilient Communities*” last September 22-23 via Zoom meeting. A total of 107 participants joined the event.

The in-house review started with an invocation led by Ms. Sherrilyn M. Rasdas, Naic Campus extension coordinator, followed by the Philippine national anthem. Dr. Melbourne R. Talactac, vice president for Research and Extension, delivered the welcome message commending the faculty extensionists and staff for remaining committed in providing scientific research and true knowledge to agricultural, engineering and even businesses to farmers, entrepreneurs, and community education despite the challenges of the pandemic.

Meanwhile, Dr. Camilo A. Polinga, vice president for Administrative and Support Services, delivered an inspirational message where he gave emphasis on food security. “*Every year, the need for food is increasing but the land intended for food is decreasing, especially in the province of Cavite*”, Dr. Polinga said.

Dr. Evelyn A. Esquejo, adjunct faculty of Benguet State Open University and adviser of the Philippine Association of Agriculturists (PA) and Philippine Extension and Advisory Services Network Inc. (PhilEASNet), served as the keynote speaker. “*The topic is very close to me having been engaged, involved and being at the forefront of EAS activities for the last*

*43 years, the theme is very timely linking extension and advisory services to one of the worst disaster in the world today, the COVID-19 pandemic, and be able to share my words of thoughts of how extension and advisory services can continue to influence policies and execution in hastening development works,” she shared.*

During the plenary session, Dr. Lourdes J. Cruz, national scientist, National Academy of Science and Technology Philippines (NAST PHL) and Professor Emeritus at the Marine Science Institute, University of the Philippines Diliman, talked about “Future Earth Philippines for Sustainability and Resilience”. Meanwhile, Dr. Segundo Joaquin E. Romero Jr., professional lecturer on development studies program at Ateneo de Manila University and president of Universities and Councils Network for Innovation for Inclusive Development in Southeast Asia (UNIID-SEA), discussed the topic, “Bridging SDGs to Local Communities”. According to Dr. Romero, it will be good if universities providing help in communities can create mechanisms of interoperability and alignment. CvSU was challenged to be the first SDG-aligned university in the Philippines.

For this year’s review, five (5) completed and 11 on-going extension projects were presented. Nine of them competed in the event. Also, five extension project videos were evaluated.

Dr. Teddy F. Tepora, manager of Innovation and Technology Support Office (ITSO), Dr. Famela Iza C. Matic, dean of the College of Criminal Justice (CCJ), and Dr. Almira G. Magcawas, director of Extension Services, evaluated the completed extension projects. On-going extension projects were evaluated by Asst. Prof. Janet L. Saturno, division chief of the Applied Communication Division University Extension Services of Central Luzon State University, Asso. Professor Mary Yole Apple D. Ruedas, director for Extension of Occidental Mindoro State College, and Dr. Editha R. Perey, dean of College of Agriculture of Laguna State Polytechnic University. Lastly, the extension project videos were evaluated by Prof. Allan Robert C. Solis, faculty of the College of Arts and Sciences, Dr. Agnes C. Francisco, director of Knowledge Management Center, and Asst. Prof. Adora Joy T. Plete, director of Public Affairs and Communication Office.

Awarded as Best Completed Extension Project was “Science for the Convergence of Agriculture and Tourism (SciCAT) Phase 1” which was presented by Dr. Lilibeth P. Novicio and co-authored by Dr. Ruel M. (continue on page 4)



Screenshot of the participants



# NCRDEC celebrates International Coffee Day

The National Coffee Research Development and Extension Center (NCRDEC) celebrated the first day of October, declared as the International Coffee Day, through organized virtual activities via Zoom meeting and Facebook live.

NCRDEC welcomed the Coffee Day by giving away customizable virtual postcards to its Facebook followers. *Kapemilyas* addressed their postcards to their colleagues and loved ones and included witty lines such as “*Tulad ng kape, walang araw na hindi ka kapili-pili*” and “*Grab a coffee. Journal your intentions. Get to work. Create miracles. Then, grab a coffee again*”. Spreading coffee day vibes, more than 250 individuals were able to receive the customized postcards crafted by their *kapemilyas*.



Advertisement of the customizable International Coffee Day postcard of NCRDEC

The 1st NCRDEC virtual coffee crawl was also launched on the same day. Coffee crawl aimed to feature the local coffee enterprises and encourage consumers to support them by introducing their unique and interesting stories. Nine (9) local coffee enterprises located in the provinces of Aurora, Pampanga, Cavite, Rizal, Taguig City, and Davao were featured in the virtual crawl. Most of them were already featured in the past Coffee BREAK webinar sessions except for Purge Coffee Roasters, a coffee enterprise that has already established their name in the coffee industry.



A screenshot of the first NCRDEC Virtual Coffee Crawl as presented in their Facebook page

The 5<sup>th</sup> Coffee BREAK webinar session titled, “Express-Yourself: Upgrading your Usual Coffee Concoctions (Barista 101)” followed which served as the main activity of the celebration. The session was led by Mr. Harmon Nataya, a senior Barista of the Purge Coffee Roasters. During his talk, Mr. Nataya provided basic barista tips, tricks, and techniques to the attendees. He also did a demonstration of various brewing methods and latte arts to 90 Zoom attendees and Facebook viewers.

(continue on page 5)

## CvSU-ES conducts ... (from page 3)

Mojica, Dr. Yolanda A. Ilagan, Dr. Pia Rhoda P. Lucero, Ms. Lady Aileen A. Orsal, Dr. Fe N. Dimero, Ms. Bernadette S. Amparo, Ms. Roselle G. Esguerra, Ms. Bessielyn V. Naños, Ms. Sheena Mae L. de Leon, and Ms. Raecel H. Lukban, while the Best Extension Project video was awarded to “SciCAT AVENUES: Access to Value-adding and Engaging Innovations towards sustainability of agri-Education and agri-tourism” by Dr. Lilibeth P. Novicio, Dr. Yolanda A. Ilagan, Dr. Pia Rhoda P. Lucero, Ms. Lady Aileen A. Orsal, Ms. Bernadette S. Amparo, Ms. Roselle G. Esguerra and Ms. Sheena Mae L. de Leon.

For the Best On-going Extension project, two were declared first place winners. These were “Community Adoption and Strengthening of the CvSU Bee Program (CAS Bee)” which was presented by Prof. Dickson N. Dimero and co-authored by Prof. Michelle T. Bono and “DOST-PCAARRD-CvSU Agri-Aqua Technology Business Incubation (ATBI) Phase 2 which was presented by Dr. Ruel M. Mojica and co-authored by Dr. Almira G. Magcawas, Dr. Guillermo P. Desenganio, Ms. Danikka A. Cubillo, Ms. Michelle M. Razo, Ms. Marielle M. Romero, Ms. Divina Gracia S. Lucero, Ms. Alma Veronica S. Ramos, and Ms. Erla F. Matel. Meanwhile, the project titled, “Enhancing the Agri-Aqua Food Value Chain through Smart Technologies and Partnerships towards Food Resiliency in the New Normal in CALABARZON”, presented by Ms. Gizelle D. Crema, project

staff, bagged 3<sup>rd</sup> place. Others in the project were Engr. Gerry M. Castillo, NCRDEC director, Ms. Lorna C. Matel, Education Program Specialist II and project staff on the project’s Science and Technology Community-based Farm (STCBF) component, Dr. Almira G. Magcawas, Extension Services director and project staff on the Marketing or Technology Business Incubation (TBI) side, Engr. Al Eugene L. Torres, budget and supply officer, and Mr. Romnick V. Samodio, science aide. (Joselito F. Ersando and Gizelle D. Crema)



Screenshot of the certificate of recognition given to the Coffee Food Value Chain project team at the 16<sup>th</sup> Extension In-House Review



# CvSU bags awards at STAARRDEC’s 34<sup>th</sup> RSRDEH

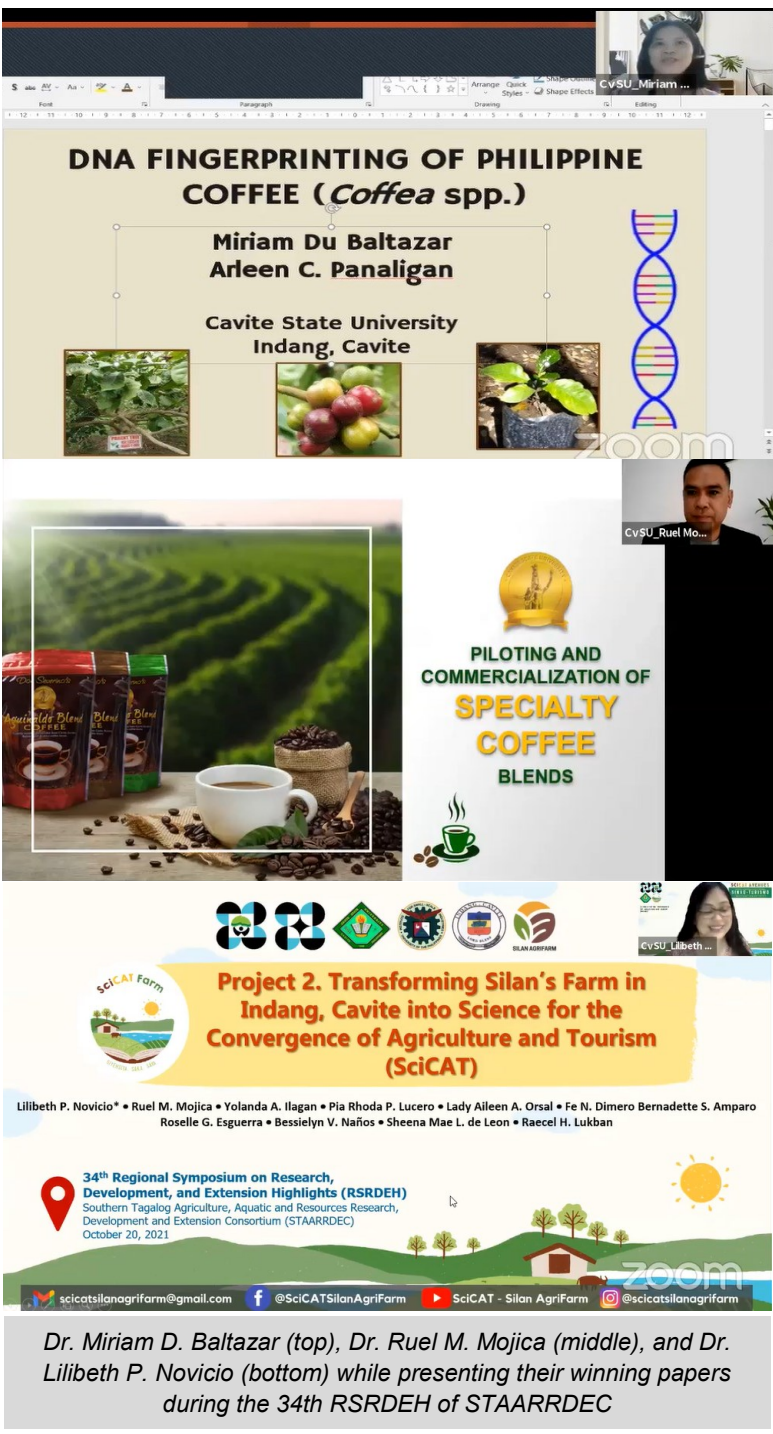
Cavite State University bagged major awards at the 34<sup>th</sup> Regional Symposium on Research, Development and Extension Highlights (RSRDEH) of the Southern Tagalog Agriculture, and Aquatic Resources Research, Development and Extension Consortium (STAARRDEC). Themed, “*Science and Technology: Enhancing the Sustainability and Resiliency of the Agriculture, Aquatic and Natural Resources Sector*”, the activity was held last October 20 via Zoom video conferencing and Facebook live.

The papers titled, “DNA Fingerprinting of Philippine Coffee (*Coffea* spp.)” authored by Dr. Miriam D. Baltazar and Dr. Arleen C. Panaligan, and “Piloting and Commercialization of Specialty Coffee Blends”, authored by Dr. Ruel M. Mojica, Engr. Rosalie A. Pelle, Engr. Aeron R. Mojica, and Mr. Andrew J. Siducon, were adjudged Best Research Paper and Best Development Paper, respectively. Meanwhile, the paper titled, “Transforming Silan’s Farm in Indang, Cavite into Science for the Convergence of Agriculture and Tourism (SciCAT)”, which was presented by Dr. Lilibeth P. Novicio and co-authored by Dr. Ruel M. Mojica, Dr. Yolanda A. Ilagan, Dr. Pia Rhoda P. Lucero, Ms. Lady Aileen A.



Orsal, Dr. Fe N. Dimero, Ms. Bernadette S. Amparo, Ms. Roselle G. Esguerra, Ms. Bessilyn V. Naños, Ms. Sheena Mae L. de Leon, and Ms. Raecel H. Lukban, won the 2<sup>nd</sup> Best Extension Paper and Best Extension Poster awards.

The said papers under the agriculture and life sciences category were presented and won in the Research and Extension Annual In-House Reviews held last August and September 2021. (Melinda B. Eugenio)



## NCRDEC celebrates ... (from page 4)

“Coffee, both the non-specialty and specialty, have their own flavor already. However, it can still be affected by how you brew your coffee or how other components, such as milk, are mixed into the coffee,” he said.

While this year’s theme aimed to create awareness on the benefits of coffee and its rich history, the Center’s main objective for this year’s celebration was to highlight the benefits of coffee as a medium to express yourself and connect with yourself and others. (Antonette Jean L. Magcamit)



Mr. Harmon Nataya, the speaker of the 5<sup>th</sup> Coffee B.R.E.A.K. Webinar session during his demonstration of latte art

## CvSU-ATBI, six incubatees ... (from page 1)

Aside from the CvSU-ATBI project team and the incubatees, also present during the virtual MOA signing were Dr. Camilo A. Polinga, OIC, Office of the President and vice president for Administrative and Support Services and Dr. Melbourne R. Talactac, vice president for Research and Extension. (Marielle L. Romero)





# CvSU-ES launches Webinar-Workshop Series on Extension

After the successful virtual ISTORYA (Impactful Services and Transformative Opportunities in Response to the Needs of the Community and the Academe): A Webinar Series, with its last episode held on September 30, Cavite State University - Extension Services (CvSU-ES) launched another Webinar-Workshop Series on Extension which is planned to be held in October to December 2021. The capacity building program aims to strengthen the knowledge, skills, and competencies of all extension coordinators and implementers of the University on extension and advisory services. With this, all are encouraged to join this webinar-workshop.



Topics to be discussed are Introduction to Extension; Ugnayan 2.0; Area VI of Accreditation; Community Research; Participatory Rural Appraisal; Extension Approaches, Methods, and Tools in the New Normal; Community Organizing and Community Planning; Packaging Extension Project Proposal; Gender in Extension and Advisory Services; Implementing Extension Project, and Monitoring and Evaluation of Extension Project.

The opening program of the series was held last October 21, and the first session was conducted with Dr. Almira G. Magcawas, ES director, and Dr. Adolfo C. Manuel, Jr., Institutional Development Office (IDO) director, as the resource speakers. Dr. Magcawas discussed the topics: Introduction to Extension and UGNAYAN 2.0, the banner extension program of the University, while Dr. Manuel talked about Area VI of Accreditation, that is, extension services.



Screenshot of the poster of the opening program and Session 1



Screenshot of the poster of Session 2

Session 2 was held last October 27 with Dr. Magcawas who discussed Community Research, and Forester Felino J. Gutierrez, Jr., professor from the Southern Luzon State University (SLSU) Lucban Campus in Quezon, who talked about Participatory Rural Appraisal.

At the end of the webinar-workshop series, the participants are expected to package an extension project proposal for possible funding. (Melinda B. Eugenio)

## Watch out for the coming sessions in November!



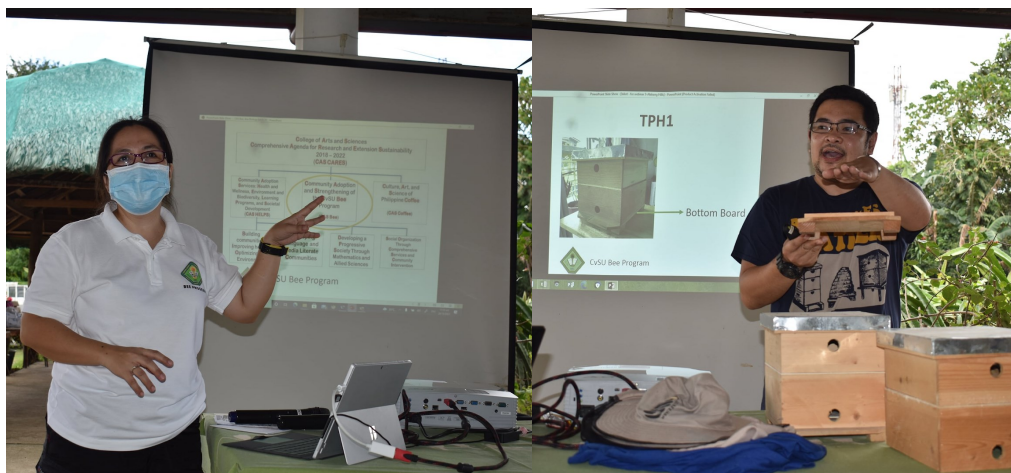


# SciCAT conducts Stingless Beekeeping training

Following health protocols, 20 participants joined the stingless beekeeping training last October 28, 2021 at Silan AgriFarm through the Science for the Convergence of Agriculture and Tourism Phase II (SciCAT) project in partnership with the CAS Bee Program.

Prof. Michele T. Bono and Prof. Dickson Dimero served as resource persons who provided answers to queries from farm owners, farm workers, and other interested stakeholders. Participants were given insights on the basics of beekeeping, the biology of bees, some beekeeping issues, the economics of beekeeping, and the different bee products that can be developed to add income. The afternoon session included hands-on training on transferring of colonies to boxed hives, splitting of colonies, and honey collection at Silan AgriFarm.

Stingless beekeeping is one of the packages of technologies being offered by project SciCAT implemented by CvSU at Silan AgriFarm and funded by the Department of Science and Technology - Philippine Council for Agriculture, Aquatic and Natural Resources Research and



Prof. Bono and Prof. Dimero present different topics related to beekeeping



Participants in the training

## ANNOUNCEMENTS



### Call for Journal Articles

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**The RESEARCH JOURNAL** is now accepting manuscript for publication.

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**ABOUT THE JOURNAL**

A first of its kind, the Philippine Coffee Journal is a double-blind, peer-reviewed academic journal which focuses on the results and outcomes of research, development and extension (RDE) activities on coffee conducted by different higher education institutions (HEIs) and other government RDE institutions. It aims to revitalize the Philippine coffee industry through knowledge generation and transfer of technology to the community recognize efforts in the development and promotion of the Philippine coffee industry through information dissemination and publication.

**IMPORTANT DETAILS**

**Who are eligible to submit?**

- ✓ Researchers from different SUCs, private HEIs and government agencies
- ✓ Member Institutions of the Philippine Coffee Network
- ✓ Southeast Asian Universities
- ✓ Presentors during the National/ Southeast Asian Coffee Education Congress (NCEC/ SEACEC)

**Manuscript Format and Submission**

All parts of manuscript should be typed on one side of page, double-spaced on Letter (8 1/2" x 11") typewriting paper with one-inch margin on all sides and consecutively paginated on the upper right hand corner of the page. Arial with 12 point font size is preferred, using Microsoft Word and limited to 30 pages including tables, figures and references.

Manuscript together with the cover sheet should be submitted at [philcoffeejournal@gmail.com](mailto:philcoffeejournal@gmail.com).



# CvSU-Silang Campus holds webinar on mental health

In line with the celebration of the Mental Health Month, the extension unit of the Department of Arts and Sciences in collaboration with the Psychology Society and the Office of Student Affairs and Services of CvSU-Silang Campus held a webinar titled, “*Revitalizing Mental Health: Thriving Together in Adversity*” last October 21 via Facebook Live. The activity aimed to strengthen the awareness of the participants on mental health, give updates regarding the status of mental health in our current situation, and acquire positive insights and better adaptation in the new normal.

Mr. Ferdinand V. Mendoza, a registered psychologist, co-founder and in-house psychologist of Inpsych Psychological Services Center, faculty and department research coordinator of the Department of Arts and Sciences, served as the speaker on the topic, “*Mental Health in an Unequal World*”. He mentioned that when it comes to mental health, lack of knowledge causes the stigma that the

Filipinos are facing nowadays. Despite this, the Philippines is slowly progressing in terms of mental health awareness but needs to be strengthened. Moreover, he highlighted that being mentally ill is not just challenging for those who have it but also for those who are around them.

Meanwhile, Ms. Mary Easter

Claire S. Perez-Torres, a certified inspirational speaker, licensed teacher and psychometrician, psychological first aid provider, and a faculty from the Department of Arts and Sciences, discussed the topic titled, “*Positive Psychology in Times of the New Normal*.” She informed the participants on the alarming number of cases of depression and suicide around the world, and emphasized the importance of embracing positivity in life.

The webinar was participated in by 540 students from different programs and reached 3,000 views on Facebook. It received positive feedbacks from the participants as it was timely and relevant. The students learned that in this unequal world, the greater challenge is to ensure that no one is left alone without help. Together people can make a difference and thrive in adversity. (Christine Marie P. Bayhon)



**CAVITE STATE UNIVERSITY - SILANG CAMPUS**  
Office of the Student Affairs and Services  
Department of Arts and Sciences  
Psychology Society



A Webinar on

# "REVITALIZING MENTAL HEALTH: THRIVING TOGETHER IN ADVERSITY"

## JOIN US!


THURSDAY, OCTOBER 21ST

1:00 PM


VIA FB LIVE:


<https://www.facebook.com/CaviteStateUniversitySilangCampus>

Poster of the webinar conducted by CvSU-Silang Campus




**CAVITE STATE UNIVERSITY - SILANG CAMPUS**  
Office of the Student Affairs and Services  
Department of Arts and Sciences  
Psychology Society





**MR. FERDINAND V. MENDOZA**

*"Mental Health in an Unequal World"*



**MS. MARY EASTER CLAIRE S. PEREZ-TORRES**

*"Positive Psychology in times of New Normal"*

# GUEST SPEAKERS

**Revitalizing Mental Health: Thriving Together in Adversity**

THURSDAY, OCTOBER 21ST  
1:00 PM • VIA FB LIVE

The guest speakers of the webinar on Revitalizing Mental Health: Thriving Together in Adversity



**CAVITE STATE UNIVERSITY**  

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The CvSU Research Journal (top) and Knowledge Management

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